

## ALL OUR MEAT DISHES ARE MADE USING 100% IRISH MEAT

### MADRAS - HOT

Prepared with Chilli Powder, Garlic, Ginger, Fresh Lemon juice in a hot, spicy tomato sauce.

74. **VEGETABLE MADRAS** € 10.95  
75. **CHICKEN, LAMB OR BEEF MADRAS** € 11.95  
76. **KING PRAWN MADRAS CS** € 15.95

### VINDALOO - VERY HOT

This is a very very hot dish made from our own special blend of spices, cooked with chillies, potato and a touch of lemon.

77. **CHICKEN, LAMB OR BEEF VINDALOO** € 11.95  
78. **KING PRAWN VINDALOO CS** € 15.95

### BIRYANI DISHES

All these dishes are cooked with Basmati rice, mixed peppers, sultanas, almond flakes and served with vegetable curry sauce.

79. **VEGETABLE BIRYANI TN** € 10.95  
80. **CHICKEN, LAMB OR BEEF BIRYANI TN** € 12.95  
81. **CHICKEN TIKKA BIRYANI MK, TN** € 12.95  
82. **SPECIAL BIRYANI MK, TN, CS** € 15.95  
(Chicken, Lamb, Beef, King Prawns)  
83. **KING PRAWN BIRYANI TN, CS** € 15.95

### EUROPEAN DISHES

84. **PRAWN COCKTAIL EG, CS** € 6.95  
served with salad and marie rose sauce  
85. **FISH FINGERS (Cod) WH, CS** € 7.95  
served with chips and garlic mayonnaise  
86. **SAUSAGE (Chicken) AND CHIPS** € 5.95  
87. **SCAMPI AND CHIPS WH, MK, CS** € 7.95  
served with salad & garlic mayo.  
88. **CHICKEN NUGGETS WH, MK** € 5.95  
served with chips or rice & garlic mayo.  
89. **CHICKEN BREAST GOUJONS WH, MK** € 8.95  
served with chips or rice & garlic mayo.

### SUNDRIES

90. **CHIPS** € 2.95  
91. **NATURAL YOGURT MK** € 2.95  
92. **BALTI SAUCE** € 4.95  
93. **TIKKA MASALA SAUCE MK, TN** € 4.95  
94. **MIX RIATA MK** € 4.95  
Yogurt mixed with cucumber, tomatoes, onion and herbs.

FREE Pilau Rice or Boiled Rice with every main dish

### VEGETARIAN DISHES

Available as a Main Dish for € 10.95 (including Pilau Rice or Boiled Rice)

95. **LOBIA MASALA** € 8.95  
Black eyed beans cooked with garlic, ginger, onion, tomatoes, peppers and gently spiced.  
96. **BOMBAY ALU** € 8.95  
Potato cooked with spices.  
97. **SAAG BHAJEE** € 8.95  
Spinach cooked with oriental spices.  
98. **SAAG PANEER MK** € 8.95  
Lightly fried cottage cheese with fresh spinach.  
99. **MUTTER PANEER MK** € 8.95  
Delicious curry of green peas and home made cottage cheese delicately spiced.  
100. **ALU SAAG** € 8.95  
Potato and spinach cooked with curry sauce.  
101. **ALU GOBI** € 8.95  
Potato and cauliflower cooked with spices.  
102. **TARKA DAL MK** € 8.95  
Lentils in curry sauce with garlic and ginger.  
103. **CHANA MASALA** € 8.95  
A very traditional dish cooked with spicy curried chickpeas.  
104. **ALU CHANA** € 8.95  
Potato and chickpeas cooked in curry sauce and spices.  
105. **MUSHROOM BHAJEE** € 8.95  
Mushroom cooked with fried onion.

### FRESHLY BAKED BREADS (All Bread contains Gluten)

From the Tandoori Oven. WH, MK, EG

106. **NAAN** € 3.50  
107. **GARLIC CORIANDER NAAN** € 4.95  
108. **PESHWARI NAAN** € 4.95  
Sultana and almonds on top.  
109. **KEEMA NAAN** € 4.95  
Stuffed with minced lamb.  
110. **CORIANDER NAAN** € 4.95  
111. **CHEESE & ONION NAAN** € 4.95  
112. **CHILLI CHEESE NAAN** € 4.95  
113. **G.O.C. NAAN** € 4.95  
Garlic, Onion and Coriander.  
114. **ROTI** € 2.95  
Brown bread made in the clay oven.  
115. **PARATHA** € 3.95  
Brown bread fried with butter.  
116. **STUFFED PARATHA** € 4.95  
Brown bread stuffed with vegetables and fried with butter.

### RICE DISHES

117. **BOILED RICE OR PILAU RICE** € 2.95  
118. **SPECIAL FRIED RICE EG** € 3.50  
Peas, egg, spring onion and sultana.  
119. **EGG FRIED RICE EG** € 3.50  
120. **VEGETABLE FRIED RICE** € 3.50  
121. **PEAS PILAU RICE** € 3.50  
122. **MUSHROOM PILAU RICE** € 3.50

FREE Pilau Rice or Boiled Rice with every main dish

## Open 7 Days

Sunday 1p.m. - 11.30p.m.  
Monday to Saturday 4p.m. - 11.30p.m.

We at the Indian Ocean pride ourselves in using only "Top Quality" locally sourced produce. If the dish of your choice is not on our menu, please let us know and our chef will be happy to prepare it for you.

### SOFT DRINKS

- 7UP, CLUB ORANGE, COKE, € 2.00  
APPLE JUICE, ORANGE JUICE, WATER (Still / Sparkling) € 2.00  
RED BULL, LUCOZADE, € 3.00  
MANGO JUICE, RIBENA (Blackcurrant / Strawberry), € 1.50  
CAPRI SUN(Orange), € 1.00

## Gift Vouchers Available

### A SET MENU FOR 2 €39.95

Chicken Tikka, Meat Samosa  
Chicken Makhani, Beef Jalfrezi, Bombay Alu,  
2 Pilau Rice, Naan Bread, Poppadoms

### B SET MENU FOR 2 €33.95

Vegetable Pakora, Vegetable Samosa  
Vegetable Korma, Vegetable Balti, Saag Alu.  
2 Pilau Rice, Naan Bread, Poppadoms

## All Our Dishes Are 99% Gluten Free

Let us know if you are allergic or have intolerance to certain food items. We will try and cook something to address your concern.

### Allergen Information:

WH - Wheat MK - Milk TN - Tree Nuts  
EG - Eggs FH - Fish CS - Crustaceans



# INDIAN OCEAN

## Tandoori Restaurant

Fully Licensed

Excellent Indian Cuisine

## Take Away & Delivery Menu

Under 5km €3



Online ordering  
now available  
for Takeaway

Scan the QR code or visit us at  
indianoceanrestaurantdungarvan.  
touchtakeaway.net

Tel: 058 64205 - 48549 or 48495

Award Winning Restaurant  
in Excellence & Quality

Davitt's Quay, Dungarvan, Co. Waterford  
www.indianoceandungarvan.com

## TEMPTING APPETISERS

Choose any Chutney Dip **FREE** with your starter.

- CHUTNEY DIPS** € 0.50  
Sweet Chilli Sauce, Mango Sauce, Red Onion Mint Sauce, **MK**, Mayonnaise or Garlic Mayonnaise **EG**,
- CHIPS** € 2.95
- POPPADOM (2) Red Onion Chutney** € 1.50
- ONION BHAJEE (2) EG** € 5.95  
Sliced onion, mixed with herbs & gram flour, then deep-fried until crispy and golden.
- GARLIC MUSHROOM PAKORA** € 5.95  
Mushrooms marinated in spices with a subtle hint of garlic, coated in batter and deep-fried.
- SAMOSA WH (Vegetable or Meat)** € 5.95  
Triangular shaped pastry delights filled with mildly spiced vegetables or lamb mince.
- PAKORA (Vegetable or Chicken)** € 5.95  
Sliced breast of chicken or vegetables dipped in a spicy batter and deep-fried.
- VEGETABLE MIXED PLATTER WH, EG** € 7.95  
Assorted vegetarian appetiser.
- CHAAT MK, TN (Vegetable or Chicken)** € 5.95  
Cooked with rich mango sauce.
- PESHWARI KEBAB** € 6.95  
Minced lamb, delicately spiced and shallow-fried.
- BOMBAY FISH FH (Cod)** € 6.95  
Fillets of Cod, coated in spiced batter and deep-fried.
- SALMON FISH CAKES WH, FH** € 6.95  
These lightly spiced Salmon fish cakes are just the thing to tickle the tastebuds. Neither too hot nor too bland, they're sure to satisfy even the fussiest of eaters.

## TANDOORI BBQ APPETISERS

- SEEKH KEBAB EG - Low Fat** € 6.95  
Lamb, finely minced and flavoured with specially blended Indian herbs & cooked on skewers in the clay oven.
  - TIKKA MK (Chicken or Lamb)- Low Fat** € 6.95  
Tender pieces of chicken or lamb marinated in yogurt, garlic and mild Indian spices. Cooked in the clay oven.
  - TANDOORI CHICKEN (on the bone) MK - Low Fat** € 6.95  
Spring chicken marinated in yogurt and Indian spices Cooked **ON THE BONE** in the clay oven
  - TANDOORI MIXED MEAT PLATTER MK, EG - Low Fat** € 9.95  
Assorted Tandoori appetiser.
- ### KEBAB ROLLS
- Freshly baked naan in the tandoori, served with salad, garlic and chilli sauce
- CHICKEN TIKKA ROLL WH, MK, EG** € 8.95
  - SEEKH KEBAB ROLL WH, MK, EG** € 8.95
  - LAMB TIKKA ROLL WH, MK, EG** € 9.95
  - SPECIAL MIXED KEBAB ROLL WH, MK, EG** € 10.95  
Chicken Tikka, Seekh Kebab & Lamb Tikka.

## FRESH SALADS

- GREEN GARDEN SALAD** € 3.95  
Mixed leaves with cucumber, tomatoes, pepper and onion.
- CHICKEN TIKKA SALAD MK, EG** € 8.95  
Mixed leaves tomato, onion, cucumber & topped with homemade garlic sauce

## TANDOORI BBQ MAIN COURSES

- SEEKH KEBAB EG Low Fat** € 11.95  
Lamb finely minced and flavoured with specially blended Indian herbs & cooked on skewers in the clay oven
- CHICKEN OR LAMB TIKKA MK Low Fat** € 11.95  
Tender pieces of chicken or lamb marinated in yogurt, garlic and mild Indian spices. Cooked in the clay oven
- TANDOORI CHICKEN (on the bone) MK Low Fat** € 11.95  
Spring chicken marinated in yogurt and Indian spices Cooked **ON THE BONE** in the clay oven.
- SPECIAL MIXED GRILL WH, MK, CS - Low Fat** € 16.95  
Chef's special combination of Chicken and Lamb Tikka Seekh Kebab, Tandoori Chicken, Tandoori King Prawn,

**FREE** Pilau Rice or Boiled Rice with every main dish

## CHEF RECOMMENDS

- LAMB HANDI** € 12.95  
Lamb cooked on the bone with onion, garlic, ginger, black pepper, turmeric, chilli, tomato and coriander. Very old style Indian Cooking.
- LOBIA MASSALA (Lamb, Chicken or Beef)** € 12.95  
(Black Eyed Beans) This is a protein packed dish and quite nutritious Cooked with garlic, ginger, onion, tomatoes and gently spiced with turmeric, chilli powder, coriander powder and cumin.
- BUTTER CHICKEN MK, TN** € 12.95  
Cooked in a mild creamy sauce laced with butter.
- ALU GOSHT (Lamb or Beef)** € 12.95  
Flowery potatoes cooked with mouth watering gosht pieces, garlic, ginger and spices.
- SAAG (Lamb, Chicken or Beef)** € 12.95  
Delicately spiced boneless lamb, chicken or beef finished with creamed spinach and flavoured with garlic and cumin.
- CHANA (Lamb, Chicken or Beef)** € 12.95  
A very traditional dish cooked with spicy curried chickpeas
- KUMBI CHICKEN TIKKA MK (Mushrooms)** € 12.95  
Tender pieces of chicken tikka cooked with mushrooms, onions, coriander and spices. Finished off with lemon juice.
- PATHIA (Sweet and Sour)** € 12.95  
Tender pieces of chicken, lamb or beef cooked in a sweet and sour sauce using mild indian spices, mango chutney, pineapple and lemon juice.
- RESSALA CHICKEN OR LAMB MK** € 12.95  
Chicken or lamb cooked with onion, tomatoes, yogurt, garlic, ginger and flavoured with delicate herbs and spices.
- CHICKEN TIKKA SHASHLIK MK (Sweet and Sour)** € 12.95  
Chicken Tikka cooked with onions, peppers and mushrooms in a sweet and sour sauce

**FREE** Pilau Rice or Boiled Rice with every main dish

## Main Dishes

Choose from Succulent Chicken, Prime Young Irish Beef, Tender Pieces of Lamb, Mouth Watering Sea Food or the Finest of Fresh Vegetables

### KASHMIRI - MILD

A deliciously mild and creamy flavoured dish. Cooked with mango and mixed fruits.

- VEGETABLE KASHMIRI MK** € 10.95
  - CHICKEN, LAMB OR BEEF KASHMIRI MK** € 11.95
- ### KORMA - MILD
- Very mild rich creamy dish prepared mainly with coconut cream, fresh cream and a touch of curry sauce.
- VEGETABLE KORMA MK, TN** € 10.95
  - CHICKEN, LAMB OR BEEF KORMA MK, TN** € 11.95
  - KING PRAWN KORMA MK, TN, CS** € 15.95

### PASANDA - MILD

Cooked in a tomato creamy sauce with almond powder, pistachio, mixed fruit and sultana.

- VEGETABLE PASANDA MK, TN** € 10.95
- CHICKEN, LAMB OR BEEF PASANDA MK, TN** € 11.95
- KING PRAWN PASANDA MK, TN, CS** € 15.95

### MAKHANI - MILD

**MOUTH MELTING DISH**

Cooked in a mild creamy sauce with butter & fungeek.

- VEGETABLE MAKHANI MK, TN** € 10.95
- CHICKEN, LAMB OR BEEF MAKHANI MK, TN** € 11.95
- KING PRAWN MAKHANI MK, TN, CS** € 15.95

### TIKKA MASALA DISHES - MILD

Chicken Tikka cooked in a mild creamy sauce with tomatoes and almond powder.

- VEGETABLE TIKKA MASALA MK, TN** € 10.95
- CHICKEN, LAMB OR BEEF TIKKA MASALA MK, TN** € 11.95
- KING PRAWN TIKKA MASALA MK, TN, CS** € 15.95

### DHANSAK - HOT, SWEET & SOUR

Sweet & sour a highly flavoured dish prepared with pineapple, lentils, lemon juice and Himalayan spice with medium sauce.

- VEGETABLE DHANSAK** € 10.95
- CHICKEN, LAMB OR BEEF DHANSAK** € 11.95
- KING PRAWN DHANSAK CS** € 15.95

**FREE** Pilau Rice or Boiled Rice with every main dish

## ROGAN JOSH - MILD TO MEDIUM

A classic Indian curry cooked with peppers, tomatoes, garlic, ginger, fresh coriander and tomatoes on top.

- CHICKEN, LAMB OR BEEF ROGAN JOSH** € 11.95
- KING PRAWN ROGAN JOSH CS** € 15.95

## DO PIAZA - MEDIUM

Prepared with onions, coriander and tomatoes in a thick sauce and onions on top.

- VEGETABLE DO PIAZA** € 10.95
- CHICKEN, LAMB OR BEEF DO PIAZA** € 11.95
- KING PRAWN DO PIAZA CS** € 15.95

## BHUNA - MEDIUM

A very popular medium spiced dish cooked with onion, fresh coriander, tomatoes & fungeek.

- VEGETABLE BHUNA** € 10.95
- CHICKEN, LAMB OR BEEF BHUNA** € 11.95
- KING PRAWN BHUNA CS** € 15.95

## BALTI - MEDIUM

Traditional specialities in an ethnic round bottomed cooking pot using a choice of fresh meats combined with garlic, coriander, ginger, tomatoes, onion and flavoured with delicate herbs and spices from North West region of Pakistan.

- VEGETABLE BALTI** € 10.95
- CHICKEN, LAMB OR BEEF BALTI** € 11.95
- SPECIAL BALTI CS (Chicken, Lamb, Beef and Prawns)** € 15.95
- KING PRAWN BALTI CS** € 15.95

## KARAHI - MEDIUM

Cooked with onion, tomato, ginger, coriander and oriental punjabi spices.

- CHICKEN, LAMB OR BEEF KARAHI** € 11.95
- KING PRAWN KARAHI CS** € 15.95

## JALFREZI - MEDIUM TO HOT

Cooked with onions, peppers, tomatoes, green chillis, fresh coriander, fungeek and a touch of lemon.

- VEGETABLE JALFREZI** € 10.95
- CHICKEN, LAMB OR BEEF JALFREZI MK** € 11.95
- KING PRAWN JALFREZI CS** € 15.95

## GARLIC CHILLI MASALA - HOT

Cooked with Garlic, Onion, Tomato, Green Chilli and Spices.

- VEGETABLE CHILLI MASALA** € 10.95
- CHICKEN, LAMB OR BEEF CHILLI MASALA** € 11.95
- KING PRAWN CHILLI MASALA CS** € 15.95

At Indian Ocean we cook using , spices like Saffron, Turmeric, Coriander, Ginger, Cumin, Garlic & Chillies. All of which have medicinal and healing properties. All our food is cooked from scratch. This means no preservatives & healthier food.